

Kosher Food Guide

Riga, Latvia



Kosher Food Guide

April 2025, Riga

Kosher Store Dzirnavu 29, Riga +371 27056420

- Frozen meals
- Dairy and Meat
- Snacks and sweets (Elite, Osem)
- Fresh Challah
- Judaica items

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- Fresh daily lunch
- Shabbat meals
- Catering for events

In this Kosher guide you will find:

- List of products that are 100% natural, without additives and, therefore, are considered acceptable to be used without Rabbinical supervision, and can be bought in any local store (pages 2-3)
 Please note: some of these products sold in Riga have Rabbinical supervision. These are marked with a ↓ (you will find them listed in the next section).
- List of products sold in Riga that have Rabbinical supervision, divided into Food Products, Beverages, Sweets and Snacks (pages 4-21)
 - <u>Please note:</u> it is preferable, whenever possible, to buy food products made under Rabbinical supervision. In case the list indicates a Kosher symbol, a country of origin or a code, it <u>must</u> appear on the package; otherwise the product is approved as is. <u>Important:</u> products marked with a \boxtimes are Kosher, but not Mehadrin, meaning they are not Pas Yisroel, Cholov Yisroel or Bishul Yisroel.
- List of stores which sell some Kosher products (page 22)
- Pictures of Kosher symbols for easier identification (page 25)

This Kosher Guide is not final, as we are constantly working on finding and adding more Kosher products to the list. Products marked in grey are currently out of stock. If you have any questions, comments, or if you find any Kosher product not mentioned in the list, please let us know so we can update the list (at chamug1@gmail.com)

NATURAL PRODUCTS

Products the	at can be bought without Rabbinical supervision, under condition that they are 100% natural, without any additives
Almonds	Plain, without salt or other additives
→ Apricot- Dried	Whole, without additives, except E220 and E202. Also- dried pear, pineapple, nectarine, peach
→ Baking Cocoa	100% (sold in Mego, Gemoss, Promo Cash&Carry). Preferably produced in Holland, Indonesia or Costa Rica (not from Spain)
→ Baking Soda	
→ Beans	
→ Beer	Only plain, no flavors. Produced in Germany or from big companies
Brown Rice	
Buckwheat	
Cashews	Without additives, preferable from Vietnam
Coconut Flakes	
↓ Coffee	Only 100% -Black, Turkish, instant
Confectionary Sugar	Only white, allowed also with potato starch
↓ Corn Starch	
↓ Dates	Without coating. Make sure to check for bugs. Dates from Israel, need Hechsher
Eggs	From chicken, check for blood
Fish- Fresh	Only fish with scales and skin on, preferably salmon and trout (check skin thoroughly for worms, or take off)
↓ Flour	White, Whole Wheat, Rye, Corn etc all 100%
→ Fruit Juices	Only 100% juice (with salt, sugar or citric acid). All except citrus fruits, pomegranate and grape
Fruits- Fresh	Except from Israel. All berries need to be checked for insects
↓ Honey	From flowers and plants only, European production (not from China)
Mushrooms	Check for insects
Nuts	Macadamia nut, pine nut etc.
→ Oats	Regular and oat bran- without additives, not quick cooking
→ Oil- Olive	Extra Virgin
↓ Oil	Canola and sunflower from Ukraine is ok
↓ Pasta	Only yellow (not colored), preferably without eggs

Peanuts Not roasted or sugared, only natural

→ Pistachios Not roasted, without salt

Poppy Seed

→ Prunes Without oil, preferably from the USA. Need to check for insects

Quinoa Not cooked

→ Raisins Only without oils and bugs (can soak in warm water to check)

→ Rice Not quick cooking

→ Rice Cake Natural, without additives, except salt

↓ Salt 100%

Seltzer Only plain, no flavors

Sesame

↓ Spices Only 100%, like black pepper, oregano, paprika, cinnamon, garlic powder and

others. For full Kosher spices list click here

↓ Sugar White and Brown (without additives)

↓ Sunflower
 Seeds

Peeled, not roasted, and without additives

 \downarrow Tea (fruit, Only 100% -without additives of flavor, aroma, oils etc

flower, leaves)

Vanilla sticks

Vegetable-Frozen Green Beans, Peas, Corn, Carrots

Vegetables-Fresh Lettuce (iceberg is cleanest), broccoli and cauliflower- need to be checked for

insects

↓ Vinegar-

Synthetic

Only without natural ingredients (preferably with Rabbinical supervision)

Walnuts

Water Only plain, no flavors

FOOD PRODUCTS

UNDER RABBINICAL SUPERVISION

Product	Company	Details	Kashr us
Agar- agar	Lecker's	Sold in Stockmann	\Diamond
Baking Powder	Aloja Starkelsen	Sold in Gemoss	
	Freee	Sold in Stockmann	KIBD
Baking Soda	Freee	Sold in Stockmann	KLBD
BBQ Sauce	Heinz	Classic and Sweet, only if produced in Holland. Sold in Maxima, Rimi and others	
	Mississippi	Original and Sweet 'n Spicy. Sold in Rimi, Stockmann, Depo and LaTS	0
	Sweet Baby Ray's	Regular and Honey Chipotle. Sold in Gemoss	0
Beans-canned	Annalisa	Red Kidney and Cannellini. Sold in LaTS	
	Ciao	Chickpea and Cannellini. Sold in LaTS and Sky	e (P
Beans- cooked	Colavita	Red kidney, chickpea, cannellini, black. Sold in Sky	KLBD
Bread- Rye	Hanzas Maiznīcas A/S	Sold in many local stores. Only the following types:	
		 Kuršu rye light loaf (sweet and sour) (800g or 390g) Brokastu light rye loaf (sweet and sour) 700g Kuršu dark rye loaf (800g or 390g) Brokastu rudzu 600g Mego Liepmajas rudzu 600g TipTop rye dark bread 600g Kuršu rye bread w seeds (800g or 390g) Kursu rye bread w seeds (800g or 390g) Kungu WG rye loaf 390g 	
		The bread is Pas Yisroel, if it has K on the seal.	
Canned goods		Pickles, olives and more, sold at Kosher Store	
	Marmarabirlik	Olives, sold in Turkish Gourmet	O
	Heinz	Corn and green peas, produced in Poland. Sold in Rimi, Top!, Stockmann	

	Lemberg	Different types, not Mehadrin. Sold in Rimi, Maxima, Mego	(Company
Cereal	General Mills	Reese's Puffs- Minis, sold in Majai and Candy Pop	0
	Hahne	Only Corn Flakes, sold in Sky	
	Kellogg's	Corn Flakes, Crunchy Nut, Coco Pops, Froot Loops, Frosties, Honey Bsss Pops, Honey Smacks, Star Wars, Special K Classic (only non-dairy, from UK), Special K Fruits Rouges	
		Produced in Germany, Spain or UK only (<u>or</u> with MK Kosher logo)	
	Kellogg's	Froot Loops Breakfast Cereal Cups, sold in Majai	0
\boxtimes	Milzu	Not Meadrin- all types allowed, <u>except</u> Be a Star. Sold in Rimi, Maxima and others	
	Weetabix	Only if produced in UK, sold in Stockmann	
\boxtimes	Cap'n Crunch	OOPS! All Berries, not Cholov Yisroel, sold in Majai	O D
\boxtimes	Foxi	Not Cholov Yisroel, sold in Mego, Top! and LaTS	Ň
Cereal- Cheerios	Nestle	Cheerios- only produced in England or production code 083800, sold in Sky	
Cereal- Cheerios Cereal- Granola	Nestle Kellogg's		
		production code 083800, sold in Sky	€
Cereal- Granola	Kellogg's	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not	_
Cereal- Granola	Kellogg's Kellogg's	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other	
Cereal- Granola	Kellogg's Kellogg's Lizi's	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy)	
Cereal- Granola	Kellogg's Kellogg's Lizi's Oro!	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy) Sold in Mego	€
Cereal- Granola	Kellogg's Kellogg's Lizi's Oro! Nature's Path	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy) Sold in Mego Whole O's, sold in Sky	⊗ ⊗ ⊚ O
Cereal- Granola	Kellogg's Kellogg's Lizi's Oro! Nature's Path Nestle GoFree	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy) Sold in Mego Whole O's, sold in Sky Honey Flakes, sold in Sky Chocolate Stars, Corn Flakes, Rice, Fibre and	
Cereal- Granola	Kellogg's Kellogg's Lizi's Oro! Nature's Path Nestle GoFree Freee by Doves Farm	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy) Sold in Mego Whole O's, sold in Sky Honey Flakes, sold in Sky Chocolate Stars, Corn Flakes, Rice, Fibre and Buckwheat Flakes. Sold in Stockmann Made from coconut oil, sold in Maxima and	
Cereal- Granola Cereal- Gluten Free Cheese- Vegan	Kellogg's Kellogg's Lizi's Oro! Nature's Path Nestle GoFree Freee by Doves Farm Sheese	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy) Sold in Mego Whole O's, sold in Sky Honey Flakes, sold in Sky Chocolate Stars, Corn Flakes, Rice, Fibre and Buckwheat Flakes. Sold in Stockmann Made from coconut oil, sold in Maxima and Rimi	
Cereal- Granola Cereal- Gluten Free Cheese- Vegan Chickpeas	Kellogg's Kellogg's Lizi's Oro! Nature's Path Nestle GoFree Freee by Doves Farm Sheese Clearspring	production code 083800, sold in Sky Crunchy Nut Granola Classic, sold in Rimi Crunchy Nut Granola Choco & Nuts, not Mehadrin, sold in Rimi Treacle & Pecan, sold in Stockmann (other flavors are ok, but dairy) Sold in Mego Whole O's, sold in Sky Honey Flakes, sold in Sky Chocolate Stars, Corn Flakes, Rice, Fibre and Buckwheat Flakes. Sold in Stockmann Made from coconut oil, sold in Maxima and Rimi Ready to eat, sold in Stockmann	

		Pellini	Sold in Rimi, Maxima, Sky and Stockmann	0
		Folgers	Sold in Stockmann, Depo and Sky	0
		Jacobs	Without additives, produced in Germany	
		Lavazza	All types, sold in Maxima, Rimi and others	
		Garat	Sold in Mego	
\boxtimes	Coffee Creamer	Nestle	Coffee mate- Caramel Latte, French Vanilla and Hazelnut flavors, not Cholov Yisroel, sold in Stockmann	@ D
	Coffee Capsules	Aroma Gold	Nespresso, without additives, only 100%. Sold in Maxima	
	Couscous	Osem	Sold in Kosher Store	
		Bacchini	Sold in Promo Cash&Carry	K
	Croutons	Osem	Shkedei Marak, sold in Kosher Store	
	Dairy	Macabbi	Milk, cheese, yogurts, cream cheese and more. Sold at Kosher store	
	Flour- Gluten Free	Sam Mills	Corn (Polenta), sold in Maxima	K
		Freee	Tapioca, buckwheat, rice, gram, white and brown. Sold in Rimi, Bioss Ekoveikals, Lavandas	
	Dietary Supplements	Naveh Pharma	Anti Leg Cramps, Magnox Sport, Saffrox. Sold in many local pharmacies, including InternetAptieka.lv, Saules Aptieka and more	(TUI UUI ITIN)
		Goli	Apple cider, sold in Stockmann	\odot
	Gefilte fish, canned		Sold in Kosher Store	
	Harissa- Spicy Moroccan Red Pepper Sauce	Mina	Sold in Orange Cash&Carry	P
	Horseradish	Vinnytsia	Different flavors, sold at Skarb	
	Hummus	Atlantika	Only the following types: classic, greens, spicy and dried tomatoes (all others might have the OU Kosher symbol, but are NOT approved). Sold in Rimi	0
	Jam		Different flavors, sold in Kosher Store	
		Yan	Mulberry and walnut flavors, sold in Stockmann	0
		Mackays	Marmalade, sold in Rimi and LaTS	KIBD

	Ketchup	Heinz	Regular and organic. Only produced in Holland (MK Kosher, <u>or</u> on cap should have printed TK1- TK6). Sold in Rimi, Lidl and others	
			For full list of Kosher Heinz products <u>click</u> <u>here</u>	
	Lemon Juice	Limmi	Lemon and Lime. Sold in Maxima and LaTS	K
	Maple Syrup	Great Northern	Sold in Maxima, Rimi, Stockmann	0
		Mic Mac	Sold in Majai	KIBD
		Lyle's Golden Syrup	Sold in Sky	KLBD
		The Maple Treat	Sold in Stockmann	(U
		Vertmont	Sold in Dabas Stacija	KLBD
\boxtimes	Matzah- Chametz	Sante	Not Pas Yisroel, not Kosher for Passover. Sold in Rimi and Stockmann	
	Matza Meal		Sold in Kosher Store	
	Mayonnaise	Heinz	Seriously Good, sold in Lidl	
		Махеевъ	The following types: Olive 67%, Провансаль, Ядреный, Горчичный. Sold in Kosher Store and LaTS	
		Hellman's	Real, only from England, sold in Stockmann	
	Meat products		Chicken, meat, dumplings and more, sold in Kosher Store	
	Meat, plant-based	Beyond Meat	Mince, burger, sausage and more, sold in Rimi and Promo Cash&Carry	K
	Mustard	Vinnytsia	Sold at Skarb	
		French's	Yellow Classic, sold in Stockmann	O
	Oats- quick cooking	Herkuless	Without additives	
	Oil- Avocado,	Basso	Sold in Maxima	(U
	Grapeseed, Corn, Macadamia Nut etc	Borges	Sold in Maxima, Rimi and others	0
		Goccia D'oro	Sold in Maxima, Rimi and others	K
		Golden Kings of Ukraine	Flax seed and pumpkin seed, sold in Mego	
		La Espanola	Sold in Maxima, Mego, Promo Cash&Carry	©
		Monini	Sold in Rimi	O
		Olitalia	Sold in Stockmann, LaTS, Top! and Promo Cash&Carry	0
		Olivado	Sold in Stockmann	FK

Oil- Canola	Colavita	Sold in Sky, Top! and Stockmann	0
	EBM Grupp AS	5 liter bottle, sold in Gemoss	
	Elore	Sold in LaTS	
	lecavnieks & Co	Sold in Maxima, Rimi and Stockmann	
	Amphora	With Vitamin D. Sold in Maxima, Rimi and others	
Oil- Olive	Albero Buono	Sold in Promo Cash&Carry	0
	Arioli	Sold in Stockmann	K_{s}
	Bertolli	Sold in Depo	\odot
	Cirio	Sold in Rimi	0
	Costa D'oro	Sold in Rimi, Maxima and others	0
	Colavita	Sold in Stockmann and Sky	\odot
	Divo	Sold in Mego	0
	Donna Sofia	Sold in Mego	ey 🔊
	Garcia cruz	Sold in Stockamnn	W
	Goccia D'oro	Pomace Oil and Pressati Naturali, sold in Maxima, Rimi, Stockmann and others	K
	Mas Portell	Sold in Promo Cash&Carry	0
	Mas Portell Monini		() ()
		Sold in Promo Cash&Carry	_
	Monini	Sold in Promo Cash&Carry Sold in Rimi	0
	Monini Luglio	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima	()
	Monini Luglio Pons	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann	()
Oil- Sunflower	Monini Luglio Pons San Michele	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi	()
Oil- Sunflower	Monini Luglio Pons San Michele Terra Ceta	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi Sold in Rimi and Stockmann	()
Oil- Sunflower	Monini Luglio Pons San Michele Terra Ceta Olivia by Scanola	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi Sold in Rimi and Stockmann Sold in Rimi and Stockmann	()
Oil- Sunflower	Monini Luglio Pons San Michele Terra Ceta Olivia by Scanola lecavnieks & Co	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Maxima and Rimi Sold in Maxima, Rimi and Stockmann	()
Oil- Sunflower	Monini Luglio Pons San Michele Terra Ceta Olivia by Scanola lecavnieks & Co Brolio	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Maxima and Rimi Sold in Maxima, Rimi and Stockmann Sold in Stockmann and Mego Only from Hungary, with m1, m2, m3 or m4 on production stamp. Sold in Rimi, Mego,	()
Oil- Sunflower	Monini Luglio Pons San Michele Terra Ceta Olivia by Scanola lecavnieks & Co Brolio Floriol	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Maxima and Rimi Sold in Maxima, Rimi and Stockmann Sold in Stockmann and Mego Only from Hungary, with m1, m2, m3 or m4 on production stamp. Sold in Rimi, Mego, Top!	()
Oil- Sunflower	Monini Luglio Pons San Michele Terra Ceta Olivia by Scanola lecavnieks & Co Brolio Floriol	Sold in Promo Cash&Carry Sold in Rimi Sold in Maxima Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Rimi and Stockmann Sold in Maxima and Rimi Sold in Maxima, Rimi and Stockmann Sold in Stockmann and Mego Only from Hungary, with m1, m2, m3 or m4 on production stamp. Sold in Rimi, Mego, Top! Sold in Maxima and Rimi	()

Oil- Spray	Mantova	Olive oil- regular, with basil and with lemon. Sold in Stockmann	0
Pasta- Gluten Free	Sam Mills	Made of corn, green pea, chickpea or red lentil. Sold in Maxima and Bioss Ekoveikals	K
	Riso Scotti	Made with rice and quinoa, sold in Promo Cash&Carry	0
	Freee by Doves Farm	Corn, brown rice and others. Sold in Stockmann	0
	Le Veneziane	Made of corn. Sold in Orange Cash&Carry	
	Felicia Bio	Multigrain, red lentil and others. Sold in Bioss Ekoveikals	0
Pasta- Wheat	Alb Gold	Only the Yellow kind. Sold in Gemoss, Top!, Stockmann and others	K
	Baronia	Sold in Sky	(
	Barilla	Only with following letter near expiration date: A, AB, E, F, GG, S. Sold in Maxima, Rimi and others	
	Colavita	Sold in Sky	O
	Daina	Only yellow, without additives. Sold in Maxima, Rimi, Promo Cash&Carry	
	Dalla Costa	Variety of pasta types, sold in Stockmann, Sky and others	K
	De Cecco	Sold in Top!, Maxima, LaTS, Stockmann	
	Dobele	Only yellow, without additives. Sold in Maxima, Rimi, Mego, Promo Cash&Carry	
	Di Bari	Basil spaghetti, sold in Stockmann	(
	Divella	Only yellow, without additives. Sold in Maxima	
	Freee by Doves Farm	Sold in Lavandas	\odot
	Garofalo	Sold in Promo Cash&Carry	\odot
	Granoro	Sold in LaTS	
	Italpasta	Sold in Maxima, Rimi and others	
	La Molisana	Sold in Maxima and Mego	\odot
	PastaZARA	Variety of pasta types, sold in Rimi, Maxima and others	
	Presto	Only yellow, without additives. Sold in Maxima, Rimi and others	

	Reggia	Sold in Maxima	
	Rummo	Sold in Stockmann and Sky	KF
	Tarall'oro	Sold in Rimi and Stockmann	0
	Delverde	Sold in Stockmann and Rimi	\Diamond
Peanut Butter	Skippy	Sold in Stockmann	0
	Calve	Sold in Rimi and Promo Cash&Carry	
	Estrella	Sold in Rimi and Promo Cash&Carry (production stamp should include letters DN)	
	ICA	Sold in Rimi (production stamp should include letters DN)	
	Reese's	Sold in Majai and Promo Cash&Carry	0
Pickles	Van Holten's	In a pouch, different flavors, sold in Snack'O Land	0
Pita	Nina	Mini-pita, sold in Promo Cash&Carry	
Potato Starch	Alojas	Only if produced in Latvia, sold in Rimi, Maxima and others	
Prunes	Frutexsa	Produced in Chile	
Rice- Hakumaki Sushi	Riso Scotti	Sold in Promo Cash&Carry	\odot
Salad Dressing	Didden	Pesto and Olive Oil dressing, sold in Maxima	0
	Didden	Orange dressing, sold in Maxima	\odot
Salmon, smoked	Queen Harbour	Lightly salted, cold or hot smoked fillet slices. Sold in Rimi, Sky and Promo Cash&Carry	0
Salt	Maldon	Flakes and smoked. Sold in Promo Cash&Carry	
	Himalayan Chef	Himalayan pink salt- course and fine, sold in Maxima, Stockmann	0
Sauce	Bulliard's	Cayenne Pepper sauce, sold in Stockmann	0
	Louisiana Gold	Red and green pepper sauce, sold in Rimi	\Diamond
	Heinz	Saucy-Sauce- Mayo Ketchup, produced in Poland or London. Sold in Maxima, Rimi, LaTS	
	Kral	Pomegranate Sauce- Narsharab, sold in Maxima and Rimi	() () () () () ()
	Mutti	Pizza Sauce, produced in Italy, sold in Sky	
	Öncü	Hot Pepper Sauce, sold in Turkish Gourmet	\Diamond

		Öneü	Dougonyou oko Carras salal ak Trivlatila	٨
		Öncü	Pomegranate Sauce, sold at Turkish Gourmet	汝
		Tabasco	Hot Pepper Sauce, sold in Rimi, Maxima, and others	K
	Soup mix, instant	Osem/Telma	Sold at Kosher Store	
	Soy Sauce	Clearspring	Shoyu, sold in Stockmann	O
		Kikkoman	Ponzu Lemon, Naturally Brewed, Tamari Gluten Free, Less Salt and Sweet (Sucree is not Kosher). Only produced in Holland. Sold in Maxima, Rimi and others	
	Spices		Sold in Kosher Store	
		Tavlinei Daniel	Sold in R&O Wine	
	Sprats and sardines	LICIS-93	Production stamp should have 4509.	
			Riga Gold and Old Riga- in can or jar, in oil or tomato paste. Sold in Maxima, Stockmann and others	
		Kaija	In oil, only if has production code A001784. Sold in Maxima, Rimi, Lidl and others	
		Wide Ocean	In jar, in oil. Only if has production code A001784. Sold in Maxima	
	Spreads- chocolate, halva, date		Halva spread, sold in Kosher Store	
\boxtimes		Mulate	Chocolate spread with hazelnut, not Cholov Yisroel, sold in Rimi	O D
\boxtimes		Nutkao	Hazelnut cream, not Cholov Yisroel, sold in Candy POP	O D
		Achva	Halva spread. Sold in R&O Wine	בחשנחת הבדין ירושלם :כי
		Chocketa	Chocolate-Hazelnut Spread, sold in R&O Wine	18 A.
		Kliyat Gat	Date spread, sold in R&O Wine	See Print
	Spreads- eggplant	Konex Foods	Bruschetta sauce and spread, sold in Maxima XXX	0
	Sugar Cubes	Tate & Lyle	Sold in Stockmann, Rimi	KIBD
	Syrups- caramel, strawberry, date (Silan), sugar		Date syrup (silan), sold in Kosher Store	
		Lyle's Golden Syrup	Sugar syrup, sold in Rimi, Maxima and Stockmann	KIBD

	Monin	Flavored syrups, produced in France, only the following flavors: Orange Sanguine, Chocolate Cookie, Caramel, Coco, Pamplemousse Rose, Grenadine, Amaretto, Irish, Mojito Mint, Vanille. Sold in Rimi, Stockmann, Sky, Gemoss	
	Great Northern	Agave Nectar, sold in Maxima, Rimi and Promo Cash&Carry	0
	Kliyat Gat	Date Syrup (Silan), sold in R&O Wine	
	Nestle	Chocolate and Straberry Nesquik, sold in Stockmann	0
\boxtimes	Hershey's	Strawberry and caramel flavors. Not Cholov Yisroel, sold in Stockmann and Majai	O D
Tahini- sesame spre	ad	Sold in Kosher Store	
	Tuna's	Sold in Turkish Gourmet	0
	Baracke	Sold in R&O Wine	בחשנחת הבדין ירושים גר ירושים החי
	Achva	Original, with chocolate, with silan. Sold in R&O Wine	השנחת הבדין לירה המלא
Τεα	Ahmad	Only if packaged in UAE, sold in Rimi. Only the following types: Earl Grey Tea, English Breakfast Tea, English Tea No.1, Green Tea, Jasmine Green Tea, London Blend, Peach & Passion Fruit Black Tea	0
	Celestial Seasonings	Sold in Stockmann	
	Clearspring	Sold in Stockmann	KIBD
	English Tea Shop	Sold in Stockmann and Dabas Stacija	\odot
	HiPP	With fennel flavor, sold in Rimi	
	Hyleys	Herbal Supplement Teas, sold in Sky	\Diamond
	Pukka	Sold in Lavandas, Sky, Bioss Ekoveikals	O
	Tess	Sold in Maxima, Mego and Top!	
	Greenfield	Sold in LaTS and Mego	
		Only the following types:	
		Barberry Garden, Creamy Rooibos, Earl Grey Fantasy, Flying Dragon, Golden Ceylon, Green Melissa, Jasmine Dream, Kenyan Sunrise, Lemon Spark, Mango Delight, Mate Aguante, Premium Assam, Rich Chamomile, Rich Ceylon, Royal Earl	

		Grey, Spring Melody, Summer Bouquet, Tropical Marvel	
Tofu	Mori-nu Morinaga	Silken tofu, firm. Sold in Rimi and Gemoss	ksa
Tomato sauce		Sold in Kosher Store	
Tomato paste	Mutti	Produced in Italy, with S on production stamp. Sold in Sky	
Tomatoes, canned	Annalisa	Pelati (peeled), sold in Depo	
	Ciao	Pelati (peeled), sold in LaTS and Sky	e iP
	Colavita	Different types, sold in Sky	e (P
	Mutti	Sold in LaTS, Stockmann, Promo Cash&Carry (needs letters S/F/M stamped on can)	
Tuna, canned		Sold at Kosher Store	
Vanilla Extract	Nielsen Massey	Also have Lemon and Chocolate extracts. Sold in Stockmann	(RE
Vinegar		Sold in Kosher Store	
Wheat Bran	Ого!	Sold in Mego	6
Xanthan Gum	Freee	Sold in Lavandas and Bioss Ekoveikals	KIBD
Yeast- Fresh	Rigas Raugs	Not instant	
Yeast- Instant	Doves Farm	Sold in Rimi and Stockmann	KIBD
	Instaferm	Sold in Promo Cash&Carry	K

\$WEET\$ and \$NACK\$

UNDER RABBINICAL SUPERVISION

	Product	Company	Details	Kashrus
	Bars- granola, fruit, nut, halva		Halva- different types, sold in Kosher Store	
		Koska	Cocoa flavor, sold in Turkish Gourmet	K
		Nakd	Fruit bar, sold in Rimi, Maxima and others	KIBD
		Baracke	Halva bar- vanilla, cocoa, coconut and other flavors. Sold in R&O Wine	בהשנחת הברץ קירשים: גי עירה החל
		Cofresh Eat Real	Coconut and Sesame bars, sold in Rimi, Gemoss and Stockmann	Kibb
		Lookme	Halva bar. Sold in R&O Wine	
		Roobar	Fruit bar, sold in Lavandas	KIBD
		Superfood	Fruit bar, sold in Narvesen (only if produced by RicBerry in Ventspils)	
		Taste of Nature	Fruit and nut, sold in Stockmann	O
\boxtimes		Quest	Protein bar, only "birthday cake" flavor. Not Cholov Yisroel, sold in Stockmann	O D
	Bamba	Osem	Sold in Kosher Store	
\boxtimes	Biscuits	Roshen	До кави, turquoise and brown packaging (produced in dairy factory, not Mehadrin). Sold at Beta and Skarb	
			Make sure production date is not on Shabbat	
\boxtimes		Wasa	Only red package (sesame), not Pas Yisroel, sold in Stockmann	
	Bisli	Osem	Sold in Kosher Store	
\boxtimes	Breadsticks	Laurieri	Crespini- rosemary, sesame, and sea salt. Not Pas Yisroel, sold in Promo Cash&Carry	0
		La Mole- Sfornatini	Not Pas Yisroel, sold in Stockmann	0
	Candy		Sold in Kosher Store	
		Airheads	Taffies, sold in Candy Pop and Stockmann	0
		Fisherman's Friend	Menthol candy, different flavors, sold in Depo	
		Gushers	By General Mills, sold in Snack'O Land	O
\boxtimes		Hawaiian Punch	Candy chews, sold in Snack'O Land	(DD
		Sour Punch Bites	Sold in Snack'O Land, Candy POP, Depo	\Diamond

		Yumearth	Lollypops and hard candies, sold in Stockmann and Lavandas	
\boxtimes		Jelly Belly	Jelly Beans, different types, sold in Narvesen, Candy Pop, Stockmann	0
		Pioneer	Peelers- raspberry flavor. Sold in Rimi	
\boxtimes		The Jelly Bean Factory	Jelly Beans, sold in Rimi, Maxima, Stockmann, Mego	0
		Laffy Taffy	Sold in Majai and Candy Pop	\odot
		Mike and Ike	Sold in Majai, Stockmann, Candy Pop, Snack'O Land	0
		Orbit	Mint candy, only if produced in Poland, sold in Rimi, Maxima and others	
	Chips	Eat Real	Hummus, Lentil, Quinoa, Veggie. Sold in Kosher Store, Circle K, Stockmann and others	KIBD
		Herr's	Honey BBQ potato chips, sold in Candy POP	0
\boxtimes		Herr's	Crunchy Cheestix, not Chovol Yisroel, sold in Sky	O D
		Rice Up	Brown rice and bean chips, different flavors. Corn chips- only BBQ flavor. Sold in Maxima, Rimi, LaTS and others. For full list of Kosher Rice Up products <u>click here</u>	
\boxtimes		Terra	Original, Blues, Sweet Potato. Sold in Rimi, Gourmet Studio, Sky. Not Bishul Yisroel	TEN .
\boxtimes		TGI Fridays	Potato skins and onion rings, sold in Majai. Not Cholov Yisroel	O D
	Chocolate	llit, Klik and more	Sold in Kosher Store	
\boxtimes		Amedei	Not Cholov Yisroel, sold in Stockmann	S DAIRY
\boxtimes		Baci	Not Cholov Yisroel, sold in Sky	S DAIRY
\boxtimes		Godiva	Not Cholov Yisroel, sold in Stockmann	O D
\boxtimes		Guylian	Belgian chocolate, not Cholov Yisroel. Sold in ATU Duty Free	K D
\boxtimes		Perugina	Not Cholov Yisroel, sold in Sky	DAIRY
\boxtimes		Red	Not Cholov Yisroel, sold in Stockmann and Rimi	KIBD
\boxtimes		Steenland Chocolate	Different types, not Cholov Yisroel, sold in Majai	O D

	Freeze Pops	Warheads	Sold in Super Selection	0
	Dried Fruit	Philippine	Guava and mango, sold in Orange Cash&Carry, Maxima XXX, Stockmann	KOSHER CHECK
	Dates- Medjool	Hachamaniya	Medjool Dates, sold in R&O Wine	בהשנחת הבדין ג'ירושלם ג'י
\boxtimes		Ого!	Хлебцы, not Pas Yisroel. Sold in Fix Price	6
		Monviso Crustini	With rosemary, sold in Rimi	0
		Wasa	Near expiration date, needs stamp starting with GO 104. Sold in Stockmann	
\boxtimes		Laurieri	Bruschette and Scrocchi, not Pas Yisroel. Sold in Promo Cash&Carry	0
\boxtimes		Ines Rosales	Original, with rosemary and thyme, with sesame and sea salt. Not Pas Yisroel, sold in Stockmann	0
\boxtimes		Finn Crisp	Only rectangle and circle crackers, not Pas Yisroel. Sold in Maxima, Rimi, and others	K
\boxtimes		Casa Milo	Palesi-different flavors, not Pas Yisroel, sold in Stockmann	0
	Crackers	Osem	Sold in Kosher Store	
	Cookies- Granola	Achva	Sold in R&O Wine	בהשנחת הבדין קיירושים: גי קיירושים החיי
	Cookies- Gluten Free	Freee by Doves Farm	Sold in Bioss Ekoveikals	Kibo
\boxtimes		Walkers	Not Cholov Yisroel, sold in Gastronome, Stockmann and Sky	O D
\boxtimes		Matilde Vicenzi	Cantuccini, not Cholov Yisroel and not Pas Yisroel. Sold in Stockmann, Sky and Promo Cash&Carry	@ □
\boxtimes		Laurieri	Frolletti and Cantucci. Not Pas Yisroel, sold in Promo Cash&Carry and Top!	0
\boxtimes		Jules Destrooper	Almond cookies, not Cholov Yisroel. Sold in Stockmann and Sky	@ D
	Cookies		Different types, sold in Kosher Store	
	Cotton Candy	Starburst	Sold in Snack'O Land	(RC)
\boxtimes	Chocolate Bars	Mars	Not Cholov Yisroel. Only Twix, Snickers, Bounty, Mars (<u>excluding</u> Mars Dessert Bar- not Kosher)	
		Vanini	With almonds and figs are Parve, all other types are dairy (not Cholov Yisroel), sold in Sky	K

	Gum	Orbit by Wrigley	Produced in Poland or Petersburg, all flavors. Sold in Rimi, Maxima and others	
		Dubble Bubble	Sold in Sky	\odot
\boxtimes	Ice Cream- Dairy	Ben&Jerry	Not Cholov Yisroel, sold in Rimi, Maxima and others	O D
		Häagen-Dazs	Not Cholov Yisroel, sold in Rimi, Maxima and others	O D
	Ice Cream- Vegan (made of soy/almonds)	Valsoia	Different flavors and varieties. Sold in Rimi (ice cream cone- not Pas Yisroel)	
		Ben&Jerry	Different flavors, sold in Promo Cash&Carry	
	Ices		Different flavors, sold in Kosher Store	
	Jelly, instant	Osem	Sold in Kosher Store	
	Marshmallow		Sold in Kosher Store	
	Marshmallow Fluff	Durkee Mower	Sold in Candy Pop, Majai, Promo Cash&Carry	\odot
	Organic desserts	NeMoloko	Different flavors, sold in Rimi	
	(made of soy/rice/almond/oat)	Oatly	Sold in Rimi, Stockmann and Dabas Stacija (do not use with Meat products)	
		Alpro	Only produced in Belgium (production stamp should have 2 letters (except EE) before the numbers). Sold in Rimi, Maxima and others	
			For full list of Kosher Alpro products <u>click here</u>	
		The Bridge	Sold in Stockmann, Rimi and Top!	KLBD
\boxtimes	Popcorn	Popfully	Different flavors, microwavable, not Cholov Yisroel, sold in Snack'O Land	K D
		Popz	Different flavors, microwavable, sold in Mego	KLBD
	Pistachios	Wonderful	Sold in Rimi, Stockmann and Sky	
	Pudding, instant	Osem	Sold in Kosher Store	
	Raisins	Sun-Maid	Sold in Stockmann	
	Rice Cakes (also Corn,	Kupiec	Sold in Maxima	0
	Wheat and Buckwheat Cakes)	Sonko		0
		Rice Up	Sold in Maxima, Stockmann, Promo Cash&Carry and Mego. For full list of Kosher Rice Up products <u>click here</u>	
	Seeds	Станичные	Sunflower, pumpkin etc., sold in Mego	No.
	Turkish Delight	Koska	Different flavors, sold in Turkish Gourmet	K

Wafers

Different flavors, sold in Kosher Store

Different flavors, only produced in Vinitza. Not Cholov Yisroel. Sold in Maxima, Rimi, Mego, LaTS

BEVERAGE\$

UNDER RABBINICAL SUPERVISION

Product	Company	Details	Kashru
Beer	Жигулівське	Sold in Fix Price and Skarb	®
	Baltika	All types, sold in LaTS and Dzērieni Bez Uzcenojuma!	
	Zatecky Gus	White, sold in Promo Cash&Carry and LaTS	No. of the last of
Coconut Water	Foco	Sold in Rimi and Stockmann	\Diamond
Carbonated Drinks	Coca Cola Company	Coca Cola, Fanta and Dr. Pepper. Sold in Stockmann, Depo and Majai	0
	C&C	Flavored soda- watermelon, cotton candy and root beer flavors, sold in Majai	0
	Luxardo	Aperitivo, sold in Kabinets, Promo Cash&Carry, Spirits and Wine	KIBD
	Pepsi	Pepsi Max and Zero, sold in Maxima, Rimi and others	
	Perrier	Sparkling water (original is Kosher for Pesach), produced in France. Sold in Maxima, Rimi and others	
	Sanpellegrino	Different flavors, sold in Maxima and Rimi	
	Val de France	Sparkling Juice- apple and apple-raspberry flavors, sold in Stockmann	0
	Voss	Flavored Carbonated Water- raspberry rose, lime mint, tangerine and others. Sold in Stockmann	0
	Warheads	Sour soda, different flavors, sold in Candy POP and Snack'O Land	0
Energy Drink	Gatorade	Fruit punch, cool blue and grape flavors	O
Fruit Carbonated Drinks	Черноголовка	Only following flavors: Буратино, Байкал, Тархун, Дюшес. Sold in Sky, Depo, LaTS, Top!	
Fruit Juice	Pfanner	Apple juice 100%, sold in Sky	
	Rauch	Rauch Yippy (only following flavors: apple, cherry and multi) and Rauch Juice Bar (only Immunizer and Exotic Vitalizer). Sold in Sky	
	Galicia	All flavors, sold in Rimi, Maxima and others	
	Aura	Apple and Orange Juices, sold in Spirits & Wine and Ekoveikals Šarlote	

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KLBD

(K)

KIBD

Grand Delux Pomegranate Juice. Sold in LaTS

Kral Cranberry, Blueberry, Cherry and

Pomegranate Juices. Sold in Maxima, Rimi

Largo Orange Juice. Sold in Stockmann, Top!, Spirits

& Wine

Сады Кавказа Pomegranate Juice

Robinsons Flavors: Orange-mango and Pear-

blackcurrant-cherry. Produced in England.

Sold in Stockmann

Grape Juice Red and white, sold in Kosher Store

Ice Tea Arizona Sold in LaTS, Sky, Stockmann, Candy Pop,

Depo, Top!

Kvass- Malt Drink Rycerski Only original flavor

Liqueur Benedictine D.O.M Sold in Promo Cash&Carry

Cointreau From France, sold in Rimi

Luxardo Different flavors, sold in Kabinets, Promo

Cash&Carry, Spirits and Wine

Tubi 60 Kosher symbol of Chaifa

Rum Flor de Caña Extra Sold in Promo Cash&Carry, Spirits&Wine

Seco 4

Soy, Rice, Almond,

Tequila

NeMoloko Different flavors, sold in Rimi

Oat, Coconut and
Buckwheat Drinks
Oatly
Sold in Rimi, Stockmann and Dabad Stacija

Alpro Original, vanilla and chocolate flavors. Only

produced in Belgium (production stamp should have 2 letters (except EE), before the numbers). Sold in Maxima, Rimi, Stockmann

and others

For full list of Kosher Alpro products click here

Cocomi Coconut milk powder, sold in Dabas Stacija

and Lavandas

The Bridge Sold in Stockmann, Rimi, and others

Cazcabel Sold in Spirits&Wine

Cenote Blanco Sold in Latvijas Balzams

Sierra Silver Sold in Rimi

Vodka Absolut Vodka Except small bottles, sold in Maxima and Rimi

Beluga Except the black bottle, sold in Spirits&Wine

Grey Goose Without additives, sold in Rimi and

Spirits&Wine

Finlandia Without additives, sold in Maxima, Lidl

Latvijas Balzams Riga Black Vodka 40% (no flavor additives),

sold in Maxima and others

Nemiroff Without additives, sold in Rimi and

Spirits&Wine

Riga Black 40%, without additives, sold in Maxima

Smirnoff Only from Italy, without additives, sold in Rimi

Stoli Produced in Latvia, sold in Maxima and Rimi

Viru Valge Produced in Estonia, sold in Spirits&Wine,

Cenuklubs and others

Whisky Buffalo Trace Straight only, sold in Spirits&Wine

Jack Daniel's No flavor additives, sold in Lidl

Jim Beam Bourbon Straight only, from USA, sold in Maxima and

Rimi

Maker's Mark Sold in Maxima, Rimi, Spirits&Wine

Monkey Shoulder Sold in Miaxima, Rimi, Spirits&Wine

Wild Turkey Straight only, sold in Maxima, Rimi,

Spirits&Wine

Knob Creek Straight only, sold in Spirits&Wine

Wine Different types, sold in Kosher Store

Yikvei Yerushalaim Sold in R&O Wine

Recanati Sold in R&O Wine, and Spirits&Wine

Kesaria Sold in Kosher Store, Tabakas Nams,

Spirits&Wine and Krustpunkts

Luzzatto Sold in Noble Wine

NR Pomegranate Wine, sold in Vynoteka

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Places that sell some Kosher products:

- 1. Kosher Store Dzirnavu 29, Riga +371 27056420
- 2. ATU Duty Free RIX airport
- 3. Beta Stores
- 4. Bioss Ekoveikals
 Dzirnavu st. 70, Riga
 www.bioss.lv
- Candy Pop List of stores
- 6. Circle K
 List of stores
- 7. Dabas Stacija Lāčplēša 17, Riga www.dabasstacija.lv
- 8. Dz**ē**rieni Bez Uzcenojuma! <u>List of stores</u>
- 9. Depo List of stores
- 10. Ekoveikals Šarlote Šarlotes st. 6, Riga www.vezums.lv
- 11. Fix Price<u>List of Stores</u>
- 12. Gastronome (mc2) Krasta st. 68a, Riga Tel: +371 67019619
- 13. Gemoss Mukusalas st. 73, Riga Tel: +371 67702777



























- 14. Gourmet StudioList of stores
- 15. Kabinets
 List of stores
- 16. Krustpunkts
 List of stores
- 17. Lavandas Elizabetes st. 25, Riga www.lavandas.lv
- 18. LaTS
 <u>List of stores</u>
- 19. LidlList of stores
- 20. Majai Mūkusalas st. 71, Riga Maskavas st. 257, Riga
- 21. Maxima
 List of stores
- 22. Mego
 List of stores
- 23. Moop Dzirnavu st. 45/47, Riga www.moop.lv
- 24. Narvesen
 <u>List of stores</u>
- 25. Noble Wine www.noblewine.lv
- 26. Orange Cash&Carry
 Kārļa Ulmaņa gatve 140,
 Riga
 Tel: +371 66051844
- 27. Promo Cash&Carry List of stores



























- 28. Rimi
 <u>List of stores</u>
- 29. R&O Wine Brivibas st. 273, Riga Tel: +371 26102014
- 30. Skarb at Riga Central Market (building 3) Tel: +371 26236847
- 31. Sky
 <u>List of stores</u>
- 32. Snack'O Land List of stores
- 33. Spirits & Wine List of stores
- 34. Stockmann13. janvāra st. 8, RigaTel: +371 67071222
- 35. Super Selection List of stores
- 36. Tabakas Nams List of stores
- 37. Top!
 List of stores
- 38. Turkish Gourmet Dzirnavu st. 121, Riga
- 39. Vynoteka
 <u>List of stores</u>

























KOSHER SYMBOLS:

KF



Star-D



KLBD



Star-K



International Kosher Supervision



cRc



Kosher Kiwi



Kosher Check (previously known as BCK)



BC

Кɔ



Badatz Beit Yosef



K (Rabbi Hadad)



SHK



Manchester Kosher



Kosher Russia



Badatz Machzikei Hadas



Badatz Mehadrin Milan



Kosher Supervision of America



Kosher South Africa



OU



Badatz Yerushalaim



Chatam Sofer Bnei Brak



Badatz Igud Rabanim Manchester



OK



Rabbi Landa



Ukrainian Kashruth Committee



Kosher Berlin



Triangle K



North West Kosher

